



## Ordering prescriptions for COVID-19 oral antiviral medication

Dear Colleague,

As we are in midst of another COVID-19 surge, we are fortunate to have a number of therapeutics to help prevent hospitalization. With very limited supply of these therapies, we want to be judicious in our use of medications that are still under Emergency Use Authorization (EUA), which include oral antivirals in addition to the monoclonal antibodies.

To support the wise use of resources, ChristianaCare retail pharmacies will only accept prescriptions for the oral antiviral medication (Paxlovid and Molnupiravir) from the ChristianaCare Center for Virtual Health's COVID-19 Clinic. This is to create a standardized process which allows adherence to the EUA guidelines and optimizes protection for patients and providers.

It is important to know:

- If providers wish to use ChristianaCare pharmacies for EUA ordering, they must go through the Center for Virtual Health's COVID-19 Clinic by calling 302-428-2121.
- Providers are free to send their patients to other pharmacies, but it is important to know that they are taking on the responsibility of adhering to EUA guidelines for oral antivirals.
- We do accept referrals from patients as we do not want to limit this resource only to patients who have providers referring them. Patients may call 302-428-2121 to request an evaluation for treatment, which may include monitoring and/or medication.

Clinical and demographic factors that influence patients' risk for hospitalization include severe immunodeficiency diagnoses; vaccination status; BMI; age; chronic conditions; and pregnancy. Data review from the past two years indicate that all of these factors have been statistically significant drivers of hospitalization for symptomatic COVID-19 patients.

Please note:

- These medications are most effective when given within days of symptom onset for patients who are COVID-19 positive.
- Moderate/high risk patients will be monitored and considered for treatment.
- Low-risk patients can be given self-care information, and referred to other patient-facing workstreams in production.

- Form completion does not guarantee an immediate video visit. A video visit will occur if the patient is identified as clinically worsening by Twistle or having provider evaluation for treatment.
- The COVID-19 Clinic will be responsible for either ordering monoclonal antibody or oral medications based on the clinical scenario.

We will continue to provide timely updates around ambulatory COVID-19 treatment and management.

Please contact [Vishal Patel, M.D., MBA](#), with questions.

Sincerely,

Ken Silverstein, M.D., MBA  
Chief Physician Executive