Pre-Procedural Testing Guidelines

Scheduled Procedures*

- Patients will be verbally screened for COVID-19 symptoms and/or exposures prior to surgery, per current process:
  - Symptomatic patients will have non-emergent procedures rescheduled.
  - Patients undergoing procedures that are considered urgent will be screened as outlined below.
  - Emergent cases will be handled per current process with appropriate PPE.
  - Asymptomatic patients who have known COVID-19 exposures will be deferred for 14 days from the date of last exposure, if possible.

- Specified patients without COVID-19 symptoms or known exposures, who are undergoing scheduled procedures are required to be tested for COVID-19 using PCR-based testing:
  - Tests should be completed as close to 72 hours prior to the scheduled procedure as possible (ideally 48-72 hours). If known turn-around-times at outside lab does not ensure that results will be available by the day prior to the procedure, the ChristianaCare lab should be used.
  - Patients are expected to self-quarantine between their test and procedure.
  - Scheduled cases with positive or pending test results will be cancelled or delayed unless the case has escalated to a Class 1-4.

- Patients with prior +COVID-19 tests but who are currently asymptomatic:
  - Patients with a prior history of COVID-19 will be designated as “recovered” in PowerChart either 30 days after their test (if ambulatory), or 30 days after their discharge (if admitted).
  - Patients who require surgery after they have been designated “recovered” should undergo one PCR test, similar to other patients above, to ensure they are not still shedding virus.
  - Patients who require surgery before they have been designated “recovered”:
    - If surgery must be done during the window in which they are still considered “positive,” and the patient meets criteria for testing for recovery (at least 3 days without fever, improvement in respiratory symptoms, and at least 10 days from onset), two nasal PCR tests should be completed, at least 24 hours apart.
    - The second test should not be obtained until the result of the first test is available. If the first test is positive, the surgery should be rescheduled, or proceed with PPE as outlined in ChristianaCare procedural guidance.
• If both tests are negative, the surgery can proceed using standard precautions.

• If the patient does NOT meet criteria for testing for recovery (at least 3 days without fever, improvement in respiratory symptoms, and at least 10 days from onset), the surgery should be delayed, or performed using PPE per ChristianaCare guidelines for COVID-positive patient.

• Patients who tested positive but were always asymptomatic should only undergo testing if at least 10 days have elapsed from their positive test. If within the 10-day window, surgery should be delayed, or performed using PPE per ChristianaCare guidelines for COVID-positive patient.

➤ We recommend that patients use the ChristianaCare designated testing site. We are unable to control turnaround time if the test is completed at a non-ChristianaCare facility.

➤ Antibody testing is not considered sufficient for pre-operative clearance. A patient who presents with IgM/IgG results (positive or negative) should still have PCR testing obtained, due to risk of both false positives and false negatives.

Testing Location and Hours
  o ChristianaCare Medical Arts Pavilion 1, Suite 100
    4745 Ogletown-Stanton Road
    Newark, DE 19713
    302-733-6244
    Hours: 7:30 a.m. - 4 p.m., Monday - Friday
  o Online Check-in is required at this link:
    https://expresscheckin.christianacare.org/ppt/map-1
  o ONLY patients with procedures scheduled at a ChristianaCare facility can be served at this location.
  o Orders are required.
  o Patients will be required to bring their Insurance card and one form of ID.

➤ If a provider requires a patient to be tested on a weekend, one testing option is:
  o Healthcare Center at Christiana (HCCC)
    Hours: 8 a.m. - 3 p.m., Monday - Friday and 8 a.m. to noon Saturday - Sunday
  o Pre-procedural patients can walk in.

➤ For patients in Sussex County:
The provider/office requesting the testing will need to call the referral line (302-645-3332) to schedule an appointment for the patient to get their testing. The location of testing and times available vary on a daily basis. Once the appointment is scheduled for the patient, the provider/office will need to fax over the order, demographics, insurance/photo ID (if available) to 302-644-7016. If you have any questions, call the referral line.
An alternate site is available at:
- Delaware Diagnostic Labs
  1 Centurian Drive, Suite #103,
  Newark, DE 19713
  Hours: 10:30 a.m. - 5:45 p.m. Monday - Friday and 10 a.m. - 2 p.m. Saturday
- Patient must call for an appointment: 443-818-1967
- Prefer MD office fax prescription: 888-777-9197; Lab phone number: 302-407-5903

*High Risk Procedures for Testing:*
- All procedures under general anesthesia or Monitored Anesthesia Care (MAC)
- Nasopharyngeal/oropharyngeal/ENT procedures
- Oral surgery/dental procedures
- Scheduled Cesarean Sections
- The following procedures only when performed on a non-intubated patient going under general anesthesia, or with moderate sedation AND is a high risk for critical intervention mid-procedure (i.e. Intubation)
  - Bronchoscopy and Bronchoscopic Interventions
  - Upper GI Endoscopies
  - Transesophageal Echocardiography
  - Invasive Interventional Cardiology
  - Invasive Interventional Radiology
  - Invasive Neuro-Interventional Radiology and Electrophysiology