The Lesbian, Gay, Bisexual, Transgender and Queer + (LGBTQ+) community includes members of every race, ethnicity, religion, mental capacity, physical ability/disability, age, and socioeconomic group. The LGBTQ+ community shares the health concerns of the rest of the population, and they face a number of additional health risks such as discrimination, HIV infection, and healthcare disparities.

This pathfinder highlights some of the many resources available on this topic at the Christiana Care Medical Libraries.

**BOOKS**

Advocate guide to gay men's health and wellness  
Beyond magenta: transgender teens speak out  
Cancer and the LGBT community  
Coming out, coming home  
Contemporary issues and future directions in LGBT aging  
Far from the tree: parents, children and the search for identity  
Gay, lesbian, bisexual & transgender aging  
Helping your transgender teen: a guide for parents  
I am jazz! (children’s book)  
Implementing curricular and institutional climate change…  
Lesbian health 101: a clinician’s guide  
Lesbian, gay, bisexual, and transgender healthcare  
LGBTQ cultures: what health care professionals need to know  
Our bodies, ourselves: informing & inspiriting women  
Practical gynecology: a guide for the primary care phys.  
The Fenway guide to LGBT health  
The summer of her baldness: a cancer improvisation  
The Transgender child  
Trans bodies, trans selves  
Transgender 101: a simple guide to a complex issue  
Transgender health  
What every gay man needs to know about prostate cancer

**DVDs**

A single man  
Gen silent: a documentary film about LGBT aging  
Goodnight doll: a tribute to my gay brother and his partner…  
Happy Texas  
Love is strange  
Pride  
Something for everyone  
The imitation game

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**Note:** The locations for these resources are at the Christiana Care Medical Libraries. Some resources may be available online or through other libraries.
Selected Web Sites & Resources

Christiana Care LGBTQ Health Initiatives
http://www.christianacare.org/lgbtq
a leader in LGBTQ healthcare equality, Christiana Care Health System understands the importance of serving the unique health care needs of lesbian, gay, bisexual, transgender and queer people in our community.

Christiana Care’s “It Gets Better” video https://www.youtube.com/watch?v=3dN8TCMLT64&feature=youtu.be

Center for Excellence for Transgender Health
http://transhealth.ucsf.edu
The mission of the center is to increase access to comprehensive, effective, and affirming health care services for trans and gender-variant communities. Also see the center’s primary care protocol for transgender patient care.

CenterLink
http://www.lgbtcenters.org
Helps develop strong, sustainable LGBT community centers and builds a thriving center network that creates healthy, vibrant communities.

Gay voice’s LGBT wellness page
Huffington Post presents stories, studies, reports and blogs health and wellness.

Medline Plus: trusted health information for you
https://medlineplus.gov/gaylesbianbisexualandtransgenderhealth.html
Gay, lesbian, bisexual, and transgender individuals have special health concerns besides the usual ones that affect most men and women. On this website you’ll find information about these specific health issues.

Lesbian, Gay, Bisexual, and Transgender health
http://www.cdc.gov/lgbthealth/
Health topic portal from the centers for disease control & prevention.

National LGBT Health Education Center
http://lgbthealtheducation.org
Provides educational programs, resources, and consultation with the goal of optimizing quality, cost-effective health care for lesbian, gay bisexual and transgender LGBT people.

Inclusion in the libraries’ collection or lists does not mean endorsement or recommendation by the Christiana Care Community Health Libraries or Christiana Care Health System. Please talk to a nurse or doctor about your health concerns or questions.