

JUNIOR BOARD Cancer Resource Library Newsletter

Spring 2019

Library Location

Junior Board Cancer Resource
Library (JBCRL)
Helen F. Graham Cancer Ctr. &
Research Institute
4701 Ogleton Stanton Rd.
Room 1106 (East Wing)
Newark, DE 19713

Hours & Contact

Monday through Friday
8:30 a.m. – 5:00 p.m.
(302) 623-4580

e-mail:

cancerlibrary@christianacare.org

website:

www.christianacare.org/cancerlibrary



Join the library with your picture ID
to borrow books, DVDs, CDs,
Creative kits and receive a free
library card and tote bag when you
sign up.

Happy Spring Library Lovers,
National Library Week was April 8th through 12th. Everyone got a
small treat when they visited the library. The *spring buck a book
sale* will continue until the end of April. Visit the library and learn
something new.
~ Leanne

New Arrivals

- Acute myeloid leukemia
- Be mindful and stress less
- Bladder cancer: a patient-friendly guide
- Blood marrow transplant journeys
- Breast cancer – Invasive
- Breast cancer – Metastatic
- Breast cancer – noninvasive
- Chronic lymphocytic leukemia
- Chronic myeloid leukemia
- Daily 'inspurrations' to help you always land on feet
- Diffuse large B-cell lymphoma
- Esophageal cancer
- The essential guide cervical cancer
- Follicular lymphoma: grade 1-2
- Hang in there: life can be hard sometimes
- Healing is a journey



CHRISTIANA CARE
HEALTH SYSTEM

Helen F. Graham Cancer Center
& Research Institute

New Arrivals continued

- Healing with yoga: the BRCA gene and me
- Hepatobiliary cancers
- Hodgkin lymphoma
- I am, I can, I will: a young mother's triple negative breast cancer
- Life is all about how you handle plan B
- The living kitchen: healing recipes
- Lung cancer
- Make every day a positive one
- Male pelvic fitness
- Multiple myeloma
- My prayer for you
- Neuroendocrine tumors
- The next chapter of your life
- One-minute prayers for those with cancer
- Oral cancers
- Ovarian cancer
- Pancreatic cancer
- Poetry of encouragement for cancer patients
- Prostate cancer
- Rectal cancer
- Soft tissue sarcoma
- Stay healthy during chemo: the five essential steps
- Stomach cancer
- The truth about cancer (for children)
- Uterine cancer
- Waldenström's macroglobulinemia: lymphoplasmacytic lymphoma



Helping Women with Cancer

Look Good Feel Better program is a free workshop offered by caring, volunteer beauty professionals. They teach women with cancer to manage the appearance side effects of treatment including instruction to address change in skin, hair loss and nails, as well as tips on wardrobe/styling to cope with weight gain or loss, and surgical changes.



To schedule your free workshop, visit

www.lookgoodfeelbetter.org

Sign up online using the program finder or

you can call 302-623-4580.



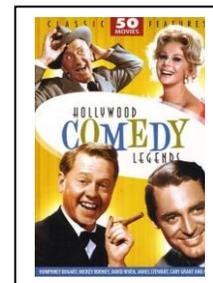
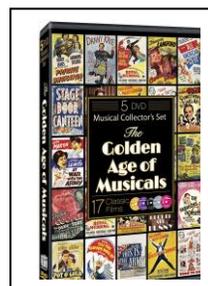
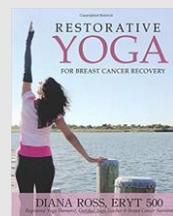
DVD New Arrivals

- Abbott and Costello meet Frankenstein
- The Benny Goodman story
- Fantastic beasts: and where to find them
- The Glenn Miller story
- The Golden age of musicals
- The guilt trip
- Hollywood comedy legends
- I feel pretty
- The Incredibles
- Incredibles 2
- Wonder woman
- A wrinkle in time



Mind and Body Wellness New Arrivals

- A cancer exercise program: strength training getting started
- Gentle restorative yoga: breast cancer recovery and lymphedema management
- Healing yoga for cancer survivorship
- Restorative yoga for breast cancer recovery
- Yoga for breast cancer survivors and patients
- Yoga for cancer recovery



Creative Journaling at Home

Participants can pick up prompts and start a creative journaling book.

This activity was developed by Wendy Wallace, M.Ed., *Healing Through Art* teacher.

Stop by the Junior Board Cancer Resource Library to participate in *Creative Journaling at home*.

Available to all
Visit Library for more details

Programs & Special Events

On Display: Photography

Special Photography exhibit by the
Delaware Photographic Society
in the library.

“Morocco and the Sahara Desert”

By Tom Lovatt

1. Sundown at Marrakech
2. Archways into archways
3. Almost Home
4. Sahara Desert Mom
5. Dusk on the Sahara

Members of the Delaware Photographic Society routinely display their works of art in the library. Stop by and vote for your favorite!

Creative Memories with Georgia Jones



This program is ongoing and meets on the
2nd Friday of each month from 1-4 p.m.
Come relax with art. Gentle instruction will
be provided. **Open to adults touched by
cancer.** Materials are provided.
Registration required
Call 302-623-4714.

Writing as Healing

Join us for a free two-hour workshop to explore
expressive and reflective writing
with Joan Delfattore, Ph.D., retired U of DE,
English professor.

Each workshop is held the 2nd Monday of each
month (see dates below)

1:00 – 3:00 p.m.

Explore a different topic each month with Joan.



Call 302-623-4580. Materials are provided.

Open to all interested adults.

2019

May 13, 2019
June 10, 2019
July 8, 2019
August 12, 2019
September 9, 2019
October 14, 2019
November 11, 2019
December 9, 2019

Resources for Staff

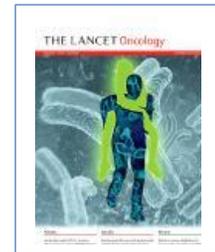
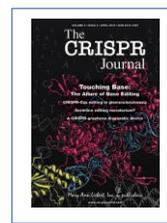
eBooks

Over 1,000 electronic books
Available to our employees via Intranet
Portal TDNet Books

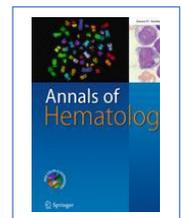


Journals

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- Journal of Clinical Oncology
- JAMA Oncology
- Journal of Radiation Oncology
- Annals of Surgical Oncology



Clinical Tools



Protocol of the Month

NRG-BN003: Phase III Trial of Observation Versus Irradiation for a Gross Totally Resected Grade II Meningioma

The objectives of the trial are:

Primary Objective:

The primary endpoint is progression-free survival (PFS). The principle objective is to determine the extent of clinical benefit of the addition of adjuvant radiotherapy (RT) to gross total resection (GTR) for patients with newly diagnosed World Health Organization (WHO) grade II meningioma.

Secondary Objective:

- Overall survival (OS);
- Disease-specific survival (DSS);
- Toxicity (grade 3+, exclusive of expected alopecia);
- Neurocognitive function (NCF);
- Outcomes and Patient Reported Outcomes (PRO) measurements;
- Adherence to protocol-specific target and normal tissue parameters;
- Concordance measurements of central versus parent-institution pathology;
- Assessment of pHH3 mitotic index and its correlation with PFS and OS;
- Tissue and specimen collection for future translational research.

We hypothesize that increased rate of progression in the observation arm will be associated with greater NCF/patient-reported outcome (PRO) deterioration. We anticipate no increase in 3-year toxicity, a high rate adherence to protocol RT guidelines (96% per protocol or acceptable variation in RTOG 0539), high rates of pathology concordance (88% for WHO grade II with RTOG 0539), a high rate of tissue collection for translational research (90% with RTOG 0539), and improved identification of mitotic figures with PFS correlates using pHH3.

Eligibility: Central pathology review must occur between Steps 1 and 2 of registration.

PRIOR TO STEP 1 REGISTRATION

--The patient must have a newly diagnosed unifocal intracranial meningioma, gross totally resected, and histologically confirmed as WHO grade II based upon pathology findings at the enrolling institution. WHO grade will be assigned according to WHO 2016 criteria.

--Gross total resection (GTR) will be interpreted as modified Simpson grade 1-3 (see table below) without gross residual dural-based or extradural tumor. GTR must be confirmed both by modified Simpson grade and by post-operative MRI findings.

--Step 1 registration must occur within 180 days of the initial surgery.

--GTR must be confirmed on post-operative imaging following the most recent surgery, submission of both pre-operative and post-operative MRIs is required for patients.

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PRIOR TO STEP 2 REGISTRATION

--Histologically confirmed diagnosis of WHO grade II meningioma confirmed by central pathology review prior to Step 2 registration

--Women ≥18 years old, History/physical examination, including neurologic examination and post-operative Zubrod Performance Status 0-1 all within 60 days prior to Step 2 registration

--If the patient is a woman is of childbearing potential, a serum pregnancy test, obtained within 14 days prior to Step 2 registration, must be negative, and, if randomized to receive radiation therapy, the woman must agree to use contraception.

Treatment:

Arm 1: Observation

Arm 2: Radiation Therapy (IMRT or Protons) 59.4 Gy (1.8 Gy x 33)

For information regarding clinical trials or if you would like to have the list of open protocols emailed to you, please call the Cancer Research Office at (302) 623-4450 or email akee@christianacare.org.