

# JUNIOR BOARD Cancer Resource Library Newsletter

Spring 2017

## Library Location

The Junior Board Cancer Resource Library (JBCRL) is located off the lobby in the East Pavilion, Room 1106 of the Helen F. Graham Cancer Center & Research Institute (HFGCC&RI) located on the Christiana Hospital campus

## Hours & Contact

Monday through Friday  
8:30 a.m. – 5:00 p.m.  
302-623-4580

## e-mail:

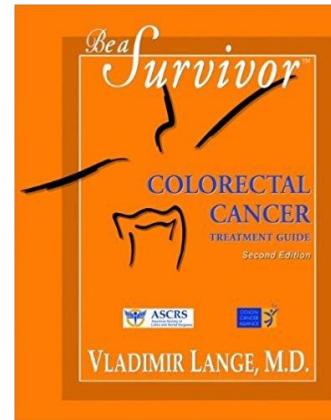
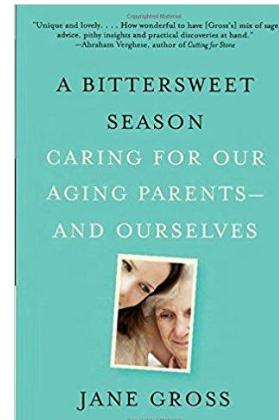
[cancerlibrary@christianacare.org](mailto:cancerlibrary@christianacare.org)

## website:

[www.christianacare.org/cancerlibrary](http://www.christianacare.org/cancerlibrary)

## Free Offer

Join the library with your picture ID to borrow from a wide selection of books, movies, CDs and receive a free library card and tote.



## NEW! Consumer Health Books

Back to life: a bladder cancer journey

Be a survivor: colorectal cancer treatment guide

A bittersweet season: caring for our aging parents

Breast cancer sourcebook: basic consumer health information about the prevalence, risk factors, and symptoms of breast cancer...

The Easy way for women to stop drinking

Goodnight Doll: a tribute to my gay brother and his partner on their rollercoaster journey with prostate cancer

Headscarves, headwraps & more

How to weep in public

An Inside job: a psychologist shares healing wisdom for your cancer journey



CHRISTIANA CARE  
HEALTH SYSTEM

Helen F. Graham Cancer Center  
& Research Institute

## Consumer Books Cont'd.

- Our daily connection: a journal for brain illness caregivers to share facts, fun and feelings.
- Present over perfect: study guide (DVD)
- The Red devil: to hell with cancer-- and back
- Reimagining men's cancers: the celebrity diagnosis guide to personalized treatment and prevention
- Reimagining women's cancers: the celebrity diagnosis guide to personalized treatment and prevention
- Round 2: the battle continues
- Still my mommy
- Stop drinking now
- Stop smoking now
- Stop smoking with Allen Carr
- Words that work: it's not what you say, it's what people hear
- Your personal stop smoking plan

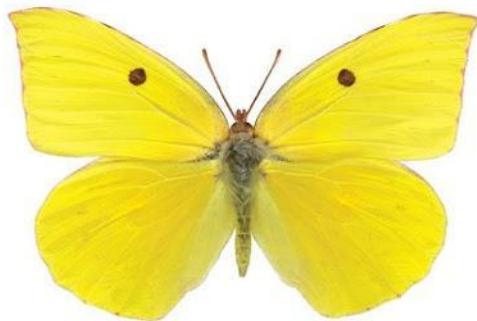
## Cooking & Nutrition Books

- 101 alimentos que pueden salvarte la vida
- La Alimentacion que te fortalece durante la quimio
- The Breast cancer cookbook: over 100 easy recipes...
- La Cocina anticancer los mejores alimentos para prevenir
- Eat well to be well: living your best life through the power of anti-inflammatory food.



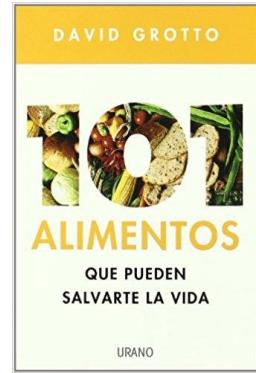
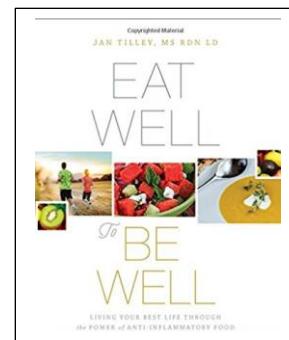
## Body | Mind | Wellness Collection

Mind | Body | Wellness Collection includes DVDs, CDs, and books on such topics as breathing well, relaxation, yoga, meditation, mindfulness, walking, and much more.



### New to this collection:

- Body-mind flow: foundational practices for transformation
- Breath-centered yoga
- Moving for life: dance to recovery
- Walk aerobics for seniors with Leslie Sansone

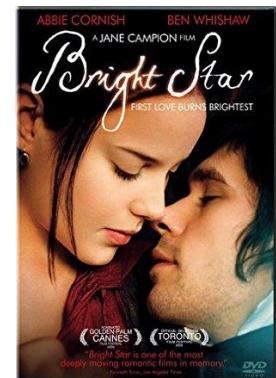
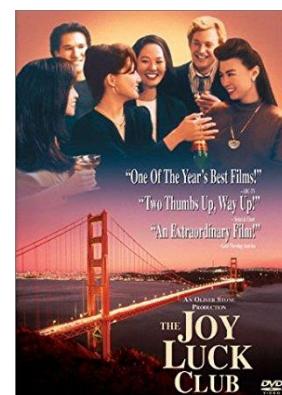
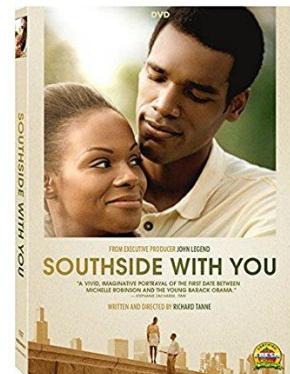
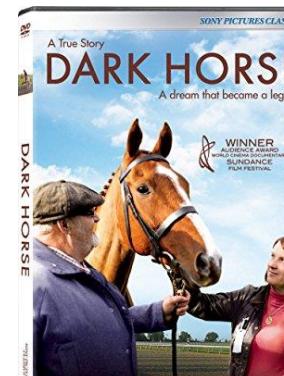
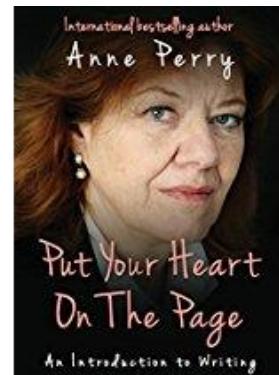
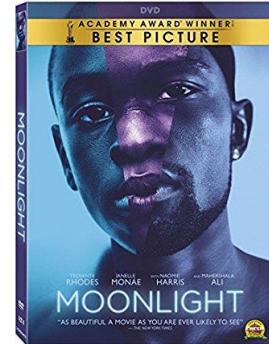
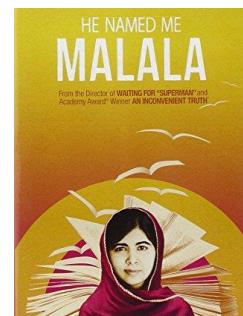


## Clinical Books

- Clinical dilemmas in primary liver cancer
- Evidence-based non-pharmacological therapies for palliative cancer care.
- Instant influence : how to get anyone to do anything--fast
- Introduction to the financial management of healthcare organizations 6th
- Oncology policies and procedures (CD-ROM)
- Safe handling of hazardous drugs

## New Movies

Absolutely fabulous : the movie  
 After earth  
 American Outlaws/Young Guns 2 (Double feature)  
 Anastasia - The three faces of eve: double feature  
 April and the extraordinary world  
 Arrival  
 The atomic café  
 The better angels  
 The big country  
 The birds  
 Bridget Jones's baby  
 Bright star  
 Boys don't cry /Norma Rae/ Walk the line  
 A brave heart: the Lizzie Velasquez story  
 Brooklyn  
 Chaplains : on the front lines of Faith  
 Charlie Brown's all stars!  
 Dark horse  
 The day the earth stood still  
 Dead man's walk  
 East of Eden  
 El Amor es -- todo lo que necesitas Camino  
 Florence Foster Jenkins  
 Foreign Letters  
 Genius  
 Ghostbusters: answer the call  
 Good Will Hunting  
 Harry Potter ... (Year 1 – Year 4)  
 He named Me Malala  
 The Joy Luck Club  
 Legend  
 Life, animated  
 Lo and behold: reveries ..  
 In defense of food: an eater's manifesto



## New Movies cont'd.

The incredible journey of doctor Meg Laurel  
 Invitation to dance  
 Making rounds  
 The Man who knew too much  
 Many beautiful things : the life and vision of Lilius  
 Money for nothing, Disorganized crime,  
 Moonlight  
 My big fat greek wedding 2  
 Parched  
 Peggy Guggenheim: art addict  
 Poldark - Season two  
 Put your heart on the page: an intro. to writing  
 Return of Lonesome Dove  
 Short cuts  
 Southside with you  
 Soylent green - The time machine -  
 Streets of Laredo  
 Thelma and Louise  
 Tin Man: follow a new yellow brick road  
 Toni Erdmann  
 The two worlds of Jennie Logan  
 The Von Trapp family: a life of music  
 Who framed Roger Rabbit  
 Wilde  
 Xena, Warrior Princess  
 y Homeless?

## Programs & Special Events

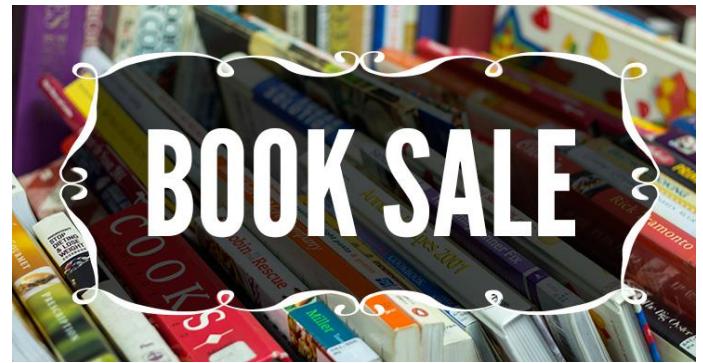
### *Healing Through Art*

A free art class is offered by Wendy Wallace, M.Ed., art teacher, two Thursdays a month from 3:30 – 5:00 p.m. Open to adults touched by cancer.

Next sessions are May 4<sup>th</sup> & May 18<sup>th</sup>.

Registration requested. **302-623-4714.**

Materials are provided.



There's an ongoing Buck-A-Book Sale at the Junior Board Cancer Resource Library. Items include consumer and clinical books, CDs, and some DVDs.

**Each item only \$1.00. Cash only. No holds.**

## New Children's Movies

The adventures of Milo and Otis  
 Beauty and the beast: the enchanted Christmas  
 Charlie Brown's All Stars!  
 Home alone  
 Home alone 2: lost in New York  
 Homeward bound: the incredible journey and  
 Homeward bound: lost in San Francisco II  
 Shaun the Sheep: we wish ewe a Merry Christmas  
 Shiloh / Shiloh Season (double feature)  
 Snowtime!

**Let Us Save You Time**

**302-623-4580**

**cancerlibrary@christianacare.org**

## Writing as Healing

The 2<sup>nd</sup> Monday of each month from 1 – 3 p.m. join us for a free two-hour workshop to explore expressive and reflective writing with Joan Delfattore, Ph.D., retired U of DE English professor.

If you have never attended before, registration is requested via

<https://events.christianacare.org/event/writing-as-healing/2017-05-08/>

Call 302-623-4580. Materials are provided. **Open to all interested adults.**

## Expressive Art with Georgia Jones

This program is ongoing and meets on the 2<sup>nd</sup> Friday of each month from 1-4 p.m. Come relax with art. Gentle instruction will be provided. **Open to adults touched by cancer.** Materials are provided. **Registration required by calling 302-623-4714.**



## NEW! Express Yourself

A [Writing as Healing Prompt](#) can be printed from this web site:

[https://events.christianacare.org/assets/2015/02/17CANC41\\_WritingasHealing\\_Prompt1.pdf](https://events.christianacare.org/assets/2015/02/17CANC41_WritingasHealing_Prompt1.pdf)



## On Display

### Photography of Arches and Canyonlands

**National Parks** by Patricia Bushey are on display. The exhibit features two national parks in southern Utah. She is a member of the [Delaware Photographic Society](#).

**Art works** by participants of the *Expressive Art & Healing Through Art* programs.

## For Christiana Care Staff

### Resources in Oncology

Resources in Oncology page brings together resources of interest to healthcare practitioners. It includes link to LWW Oncology, shortcuts to selected oncology journals, top-read articles in oncology and more.

### LWW Oncology

LWW Oncology is an all-in-one online resource that includes oncology texts, NCI patient education, drug monographs, entries from PubMed, NCCN guidelines, presentation-ready pathology images.

It is also available as a link from the Medical Libraries Portal under **Research Help -> Databases**. Must be in CCHS IP to access.

Read the 10th edition of *DeVita, Hellman, and Rosenberg's Cancer: Principles & Practice of Oncology* online via LWW Oncology.

**May NCI Protocol****CTSU S0820: A DOUBLE BLIND PLACEBO-CONTROLLED TRIAL OF EFLORNITHINE AND SULINDAC TO PREVENT RECURRENCE OF HIGH RISK ADENOMAS AND SECOND PRIMARY COLORECTAL CANCERS IN PATIENTS WITH STAGE 0-III COLON OR RECTAL CANCER, PHASE III – PREVENTING ADENOMAS OF THE COLON WITH EFLORNITHINE AND SULINDAC (PACES)****Primary Objective:**

--To assess whether the combination of eflornithine and sulindac is effective in reducing the three-year event rate in patients with previously treated Stage 0-III colon or rectal cancer.

**Secondary Objectives:**

--To assess whether the combination of eflornithine and sulindac has efficacy against colorectal lesions with respect to high-grade dysplasia, adenomas with villous features, adenomas 1 cm or greater, multiple adenomas, any adenomas  $\geq 0.3$  cm, total advanced colorectal events, or total colorectal events.

--To assess quantitative and qualitative toxicities of patients when treated with the combination of eflornithine and sulindac compared to corresponding placebos.

--To evaluate a minimal set of tagging single nucleotide polymorphisms across multiple genes relevant to eflornithine and sulindac, in order to characterize associations with decreased adenoma/second primary colorectal (CRC) risk and adverse events.

--To evaluate biomarker responses of treatment effect using novel microfluidicsbased digital droplet detection system.

--To explore the interaction of intervention arm and baseline statin use with respect to the 3-year event rate.

--To explore the interaction of the intervention arm and patient-reported meat consumption with respect to the 3-year event rate.

**Prior to STEP 1 Registration:**

--Patients must have a history of Stage 0, I, II or III colon or rectal adenocarcinoma that has been treated per standard care with resection alone or in combination with radiation or chemotherapy. Adjuvant chemotherapy and RT treatment must have been completed at least 30 days prior to registration.

--Patients with history of segmental resections are eligible (i.e. right colectomy, extended right colectomy, transverse colectomy, left colectomy, extended left colectomy, sigmoid colectomy, low anterior resection, abdominoperineal resection).

\*\*In addition to segmental resections, the following types of procedures are allowed: Polypectomy: For Tis (Stage 0) or pT1 patients only, resection may consist entirely of polypectomy (without completion of partial colectomy)

\*\*Transanal excision is allowed for pT1 rectal cancer patients with well or moderately differentiated tumors

\*\*When the lesion can be adequately identified in the rectum, transanal endoscopic microsurgery may be used.

--Patients must be registered between 180 days and 456 days (inclusive) of primary resection. Patients must show no evidence of disease (NED) based on post-operative colonoscopy and CT scans\* of chest, abdomen and pelvis. Patients with adenomas detected at the one-year postoperative colonoscopy are eligible .

--Patients must have a pure tone audiometry evaluation to document air conduction within 30 days prior to registration.

--Patients must not have documented history of gastric/duodenal ulcer within the last 12 months. Participant must not currently be on treatment for gastric/duodenal ulcer or be experiencing symptoms at study entry. Patients with gastroesophageal reflux disease are eligible, however, and these patients may receive over-the-counter histamine-2 (H2) antagonists, proton-pump inhibitors, or other prescription-based treatment for GERD.

--Patients must have adequate blood counts, adequate liver function, and adequate kidney function obtained within 28 days prior to registration

--No other prior malignancy is allowed except for adequately treated basal cell or squamous cell skin cancer, in situ cervical cancer, or other cancer for which the patient has been disease-free for > 5 years.

--Patients must not be pregnant or nursing. Women/men of reproductive potential must have agreed to use an effective contraceptive method.

--Zubrod Performance Status 0-1. Age  $\geq 18$ .

**Treatment:**

**ARM 1: Eflornithine placebo + sulindac placebo x 36 months (189 eligible patients)**

**ARM 2: Eflornithine + sulindac x 36 months (189 eligible patients)**

For information regarding clinical trials or if you would like to have the list of open protocols emailed to you, please call the Cancer Research Office at (302) 623-4450 or email [akee@christianacare.org](mailto:akee@christianacare.org) .