Caregiver Source Control Instructions

Definitions

Source Control
✓ Mask or N95 worn to contain wearer’s breath and prevent the spread of droplets from the wearer to others
✓ N95s worn for source control prevent spread from asymptomatic caregivers to other caregivers and patients, as well as provide a better barrier for the caregiver than the typical surgical mask.
✓ Fit-testing is not required.
✓ Facial hair is not a contradiction for using a respirator for source control.

PPE (Personal Protective Equipment)
✓ N95 worn to protect wearer from contagious patients
✓ Must be fit-tested prior to use

Extended Use: PPE worn between patients

Limited Re-Use: donning and re-donning up to 5 times during 1 shift

Isolation Precautions
✓ A fit-tested N95 or RAPR must be used in any contact/droplet room for COVID patients or any airborne isolation room. If not fit-tested, use a PAPR.
✓ Discard N95 when soiled, wet, difficult to breathe through, or at end of shift.

Patient Care Areas
✓ Only ChristianaCare-provided N95s are allowed.
✓ Extended use and limited re-use of N95 respirator for source control is allowed in patient care locations. This includes between non-isolation patients.
✓ Non-medical respirators that have not been fit-tested may be used for source control if covered by a surgical mask (3M 9205+, 8210, 8210V, 8511)
✓ May choose to wear well-fitting surgical mask instead
✓ Discard N95 when soiled, wet, difficult to breathe through, or at end of shift.

Non-Patient Care Areas
✓ A surgical mask, personally obtained KN95 or N95, or ChristianaCare-provided N95 may be used for source control.
✓ Valved N95s are allowed.
✓ Discard N95 when soiled, wet, or difficult to breathe through.

Questions?
Please email OccupationalSafety@christianacare.org