



Nutrition & Cooking Classes for Cancer Patients

The Helen F. Graham Cancer Center Survivorship Virtual Series

MARCH TOPIC: Learn how to make a
Protein Smoothie



Nutrition is an important part of the cancer treatment plan. The Cancer Center dietitians can help you learn more about how to meet your nutrition needs. For people who are in treatment and those who have completed their treatment.

Where: This is an online Zoom class.

When: Thursday, March 3rd at 3:00 pm.

Classes will be held **every 3 months**. A **new topic** each session.

**➔ To sign up for this class:
Call 302-623-4866**